

## SCHOOL LUNCH FACTS October 2010

### Voorheesville is part of the National School Lunch Program

Provides Free and Reduced Price Meals for qualifying students

Federal and State

Reimbursement rates:      Free: \$2.7200 Federal + .0599 State = \$2.7799  
   Reduced: \$2.3200 Federal + .1981 State = \$2.5181  
   Full Price: \$.2600 Federal + .0599 State = \$.3199

Student Meal Prices:

Reduced Meals:	\$ .25
Full Price: ES:	\$2.00
MS/HS	\$2.50

Revenue per reimbursable meal: Student Charge + Reimbursement Rate

Free:	\$ .00 + \$2.7799 = \$2.7799
Reduced:	\$2.5181 + .25 = \$2.7681
Full: ES	\$2.00 + .3199 = 2.3199
MS/HS	\$2.50 + .3199 = \$2.8199

**What is a reimbursable meal:** A student takes 3 out of 5 components served for lunch. This standard is set by the National School Lunch Program

- One milk (or juice if allergic to milk)
- One protein (cannot have more than 1)
- One Bread (but no more than 7 per week)
- One fruit (but you can take more)
- One vegetable (but you can take more)

The menu cannot have more than 7 “breads” offered per week. For instance, breading on chicken counts as a “bread”. That day a student may have 2 breads. Students can take more than one fruit or vegetable, but it counts as only one component.

At the Elementary School the District serves only reimbursable meals.

## Serving Times:

### **Elementary School: 11:18 – 1:20**

Snacks are served only after all lunches are served and if there is time.  
Snacks are served from the counter, and you have to pay cash.  
Milk can be purchased anytime and can be charged on NutriKids

### **Middle School/High School: 10:40 – 12:40 (BOCES at 10 am)**

There are 2 lines serving lunch for two periods; there are two registers open for all 3 periods.

Snacks for Middle School: Available 20 minutes after start of lunch period

Snacks for High School: Available any time.

## Participation: Reimbursable Meals for 2009-2010 School Year

Average Daily Participation in Reimbursable Meals:	524
Average Daily Attendance:	1,074
ADP/ADA Grades 1-12	48.74%

ADA Grades 1-5 = 434  
ADA Grades 6-12 = 640

### Elementary School:

2009-2010 Average Daily Participation = 225  
% Participation = 52%

### Middle School/High School:

2009-2010 Average Daily Participation = 299  
% Participation = 47%

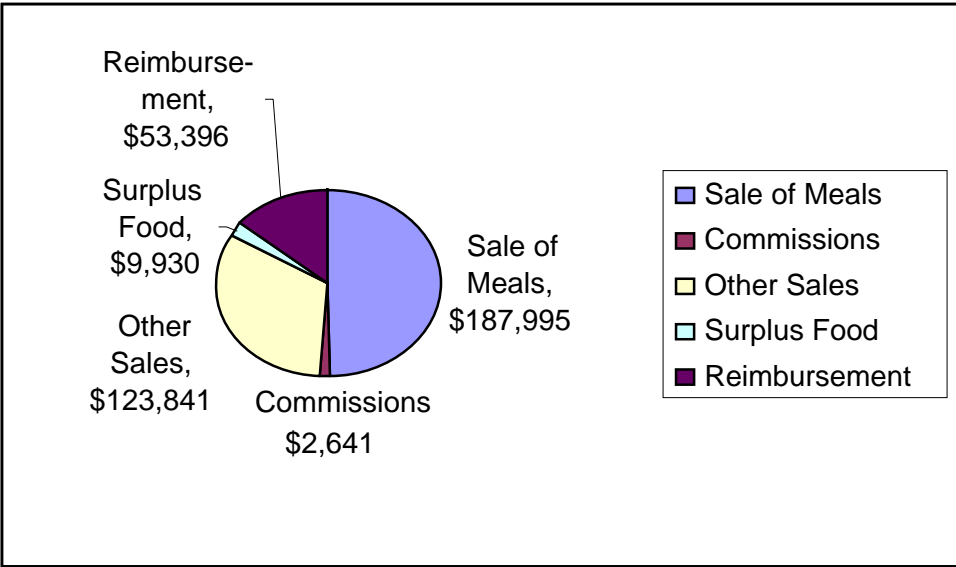
The Middle School/High School also allows a la carte sales besides reimbursable lunch sales.

Highest participation month in 2009-2010: December 2009 with average of  
**548.9 meals per day**

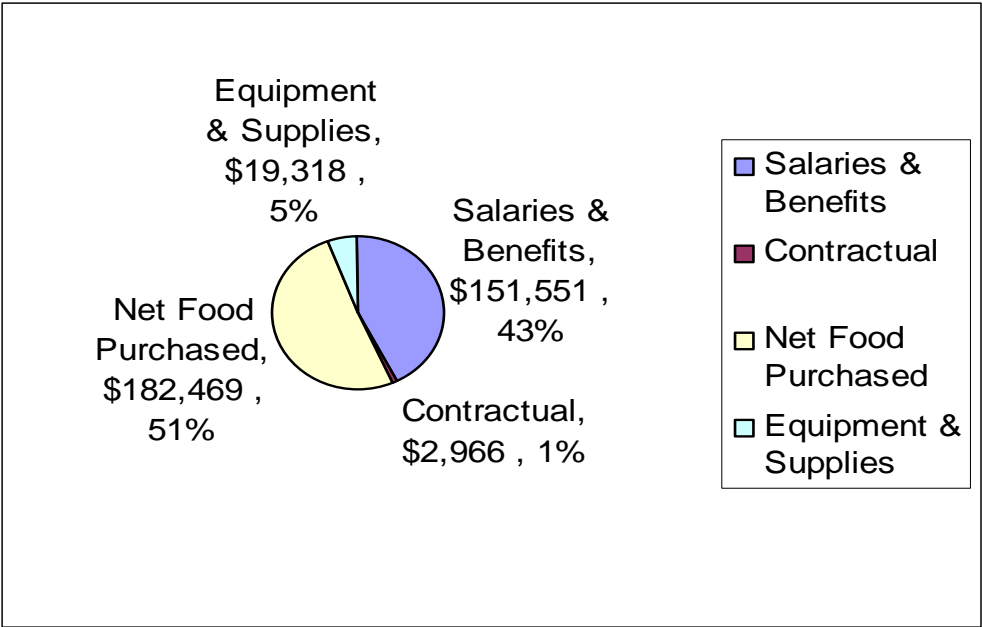
## Favorite Meals

- Chicken Nuggets
- Grilled Cheese
- Pizza
- French Toast Sticks

## Revenues 2009-2010



## Expenditures 2009-2010



Are transfat products used?

**No**, it is against the law to sell products with trans fats in them in Albany County

Are whole wheat products used?

**Yes**, the first ingredient in bread and pizza dough is whole wheat.

Why aren't nutritional values on the Elementary School menu?

Grade 1 -3 serving size is different than grades 4-5, therefore their nutritional values are different than grades 4-5. We are working to put that information separately on the website.

Is cereal offered at the Elementary School?

**No**

When can my child purchase a snack?

**Elementary School:** Only after all lunches have been served.

**Middle School:** Twenty minutes into the lunch period

**High School:** Any time during lunch

What is in a slushie?

This is 100% pear juice with natural raspberry flavoring for coloring.

What is offered a la carte every day?

**Elementary School:** Substitute for a component, but still part of a reimbursable meal (hot dog on bun, assorted salads, subs and wraps, bagels w/cheese & yogurt, p&j's; mozzarella sticks on Wednesdays only)

**Middle School/High School:** Subs, wraps, chefs salads, plain salads, fruit salads, soup, hot dogs, p&J's, bagels.

Where is the food purchased from?

Food must be purchased through a bidding process. We belong to a bidding consortium through BOCES. Fresh fruit and vegetables may also be purchased from local farms.

Who checks the nutritional value of the menu?

The nutritional value of the menu is computed by the NutriKids program. All of our purchased foods are entered into the program as are recipes. The program generates the nutritional values per State allotted serving sizes. Mr. Mulligan can then balance the menu for calories, fats, sodium, vitamins, etc. The menu must meet State guidelines.

What can be charges on NutriKids Accounts?

**Elementary School:** Lunches and milk only unless account is three lunches in the red. Then no charging.

**Middle School/High School:** All food unless the account is in the red. Then a student can charge only to a maximum of three lunches.



## **Inspections and Reviews**

**Albany County Health Department:** Unannounced visit two times per year.

Some of the things they check are:

- Cleanliness of storerooms, kitchens, hoods, freezers
- Hoods and fans are in good working order
- Spot checks temperatures of foods being served
- Check for pests
- All required signage displayed

**Office of General Services:** Unannounced visit once a year:

- Dates and Rotation of Surplus food
- Check inventory of Surplus food
- Confirm entitlement numbers for Surplus food

### **Administrative Review – Coordinated Review (CRE) by NYS Child Nutrition (last review March 2010)**

- Free and Reduced Price Meal Applications
- Direct Certifications for Free and Reduced Price Meals checked
- Verification process for free and reduced price meals checked
- Meal counting and claiming process for reimbursement checked
- Revenue and Expense accounts reviewed
- Donated food records checked
- General sanitation of food preparation, serving and storage checked
- Civil Rights poster properly displayed
- Special meals forms reviewed
- Menus reviewed for established meal planning option
- Local Wellness Policy reviewed

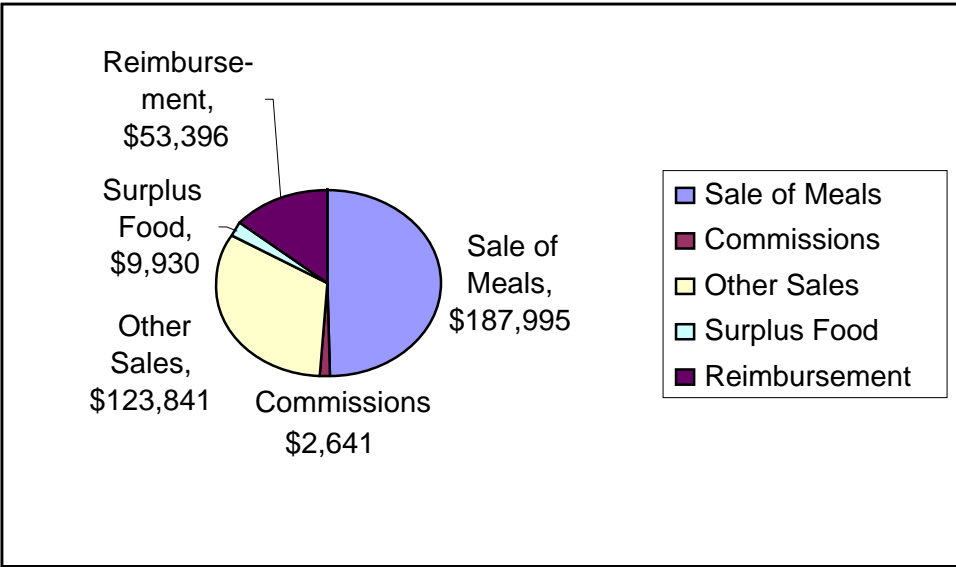
### **School Meal Initiative (SMI) by NYS Child Nutrition (last review March 2010)**

- Review of school menu for compliance
- District uses Nutrient Standard Menu Plan
- Requires District to provide 1/3 of the RDA's for lunch as appropriate for the age/grade groups the school serves.
- Lunch meets 1/3 RDA for protein, vitamin A and C, iron, calcium and calories
- Contains 30% or less of total calories from fat (Tim averages over the month)
- Averages less than 10% of calories from saturated fat

### **Other Training**

- Everyone once per year – comprehensive sanitation training; Civil Rights; Right to Know for Hazardous Chemicals; Allergies and Anaphylaxis
- NYS Professional Cooking sponsored by Child Nutrition

## Revenues 2009-2010



## Expenditures 2009-2010

